

# 7 HABITS of HIGHLY EFFECTIVE PEOPLE

Presented by  
Kelsey King,  
Jack Decker,  
Megan Lissner,  
Coleman Parker,  
Abner Padin,  
Josh Card,  
Delanee Smith



**THE Private  
VICTORY -  
Inside First**



# HABIT 1: BE PROACTIVE

*I am the force.*

*Take responsibility for your life.*

- Being proactive is more than taking initiative. It is accepting responsibility for our own behavior (past, present, and future) and making choices based on principles and values rather than on moods or circumstances.
- Proactive people are agents of change and choose not to be victims, to be reactive, or to blame others.
- I'm proactive by not arguing with anybody and listening to the other person.
- When I see bullying going on I don't let it go, I go over and say please stop bullying this person and if the person that is bullying the other person doesn't stop I go and tell teacher or a parent if its outside of school. This is how I use Habit 1.



# HABIT 2 :

## BEGIN WITH THE END IN MIND

*Control your own destiny or Someone Else Will*

- Define Your Missions And Goals In Life.
- All things are created twice – first mentally, second physically.
- I am planning on being a lawyer when I grow up. This is my life goal and there are many other things I would like to achieve before that, like graduating high school and going to college. All of these things would be great to achieve but I'm going to have to work hard to get to them. This is how I learned to use Habit 2 in my life.



## HABIT 3:

# PUT FIRST THINGS FIRST

*Will and Won't Power*

*Prioritize, and do the most important things first.*

- Putting first things first is the second or physical creation.
- It is organizing and executing around mental creation (your purpose, vision, values, and most important priorities.)
- The main thing is to keep the main thing the main thing.
- I put first things first by doing homework first than hanging out with my friends or watching TV.
- Also in school I make sure I do all my work and not procrastinate.
- This is how I use Habit 3 in my life.



# THE Public VICTORY – Outside Second



# HABIT 4:

## THINK WIN-WIN

*The Stuff That Life Is Made Of*  
*Have an everyone-can-win attitude.*

- Thinking win-win is a frame of mind and heart that seeks mutual benefit and is based on mutual respect in all interactions.
- It's not about thinking selfishly (win-lose) or like a martyr (lose-win). In our work and family life, members think interdependently -- in terms of "we," not "me."
- Thinking win-win encourages conflict resolution and helps individuals seek mutually beneficial solutions. It's sharing information, power, recognition, and rewards.
- I think win-win when I'm in an argument and during that argument my goal is to make everyone feel satisfied. This is how I use Habit 4 in my life.



# HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

*You Have Two Ears and one Mouth.  
Listen to people sincerely.*

- When we listen with the intent to understand others, rather than with the intent to reply, we begin true communication and relationship building.
- Seeking to understand takes kindness; seeking to be understood takes courage.
- Effectiveness lies in balancing the two.
- I use Habit 5 by listening to my parents, listening to Mr. Fisher, and I don't zone out when someone is talking to me. If someone is sad or feeling gloomy I try to stand in their shoes and see their point of view. Then I try to make them feel better by making a nice comment.



# HABIT 6: SYNERGIZE

*The “High” Way*

*Work together to achieve more*

- Synergy is about producing a third alternative – not my way, not your way, but a third way that is better than either of us would have come up with individually.
- Synergistic teams and families thrive on individual strengths. They go for creative cooperation.
- Have you ever heard “that two heads are better than one”, that’s what synergize means to me.
- I also synergize by working together with my friends and classmates to accomplish our goals.
- This is how I use Habit 6 in my life.



# HABIT 7: SHARPEN THE SAW

*It's "Me Time"*

*Renew yourself regularly*

- Keep yourself active, healthy, and educated. Eat healthy foods, exercise everyday, and try your best in school.
- We as students “sharpen the saw” by renewing ourselves constantly in the four basic areas of life such as physical, social, emotional, mental, and spiritual. The habit increases ourselves to live with all our other habits of effectiveness. This is how I use Habit 7 in my life.



# What else are we doing at ASK?

- Parent Workshop on January 18, 2012 at 6:30 in ASK cafeteria – learn the main ideas and vocabulary of The Habits of Highly Effective People
- Sixth grade S.T.E.M. projects
- Fun Fridays with 7 Habits themes
- Habit day – students rewarded for being “caught” practicing a particular habit
- Puppet People returning for assemblies on January 25
- Each grade is doing a project based on a specific habit
- Leadership Day – to be scheduled in June to showcase Habit’s projects and leadership skills of students



# Resources

- [Http://www.seancovey.com/teens.html](http://www.seancovey.com/teens.html)
- <http://www.franklincovey.com/tc/>
- [http://www.iusd.org/chs/Handbook%20Files/HB\\_Seven\\_Habits\\_of\\_Highly\\_Effective\\_Teens8.pdf](http://www.iusd.org/chs/Handbook%20Files/HB_Seven_Habits_of_Highly_Effective_Teens8.pdf)